

FAQ for Joyous Body Protocol (JBP)

1) What is Joyous Body Protocol (JBP)?

JBP is a simple light key protocol that uses high vibrational light keys at specific points on the body to create vitality, harmony and joy with your body. Every individual receives JBP differently. This protocol can also be used as a healing technique on others, once you are certified.

2) What are the benefits of JBP?

JBP, in principle, kick starts the body's innate healing mechanism. It does not dictate to the body, what it needs to heal. The body receives this boost and heals according to its own intelligence. Overall, a general boost in vitality and lightness and ease with the body is noticed. Physical healing happens as a corollary.

It is also seen that once the body and being experience lightness, things start working for them in other areas as well.

3) How is a JBP session done and what do I have to do as a client/receiver?

The practitioner and the client setup a mutually convenient day and time to receive the protocol from the practitioner. This protocol can be done hands on as well as remotely. A complete course of 11 day sessions is recommended, but single or fewer sessions are beneficial too.

The receiver just has to relax and receive the healing. An average session lasts approximately 10-20 mins.

4) Who can choose this?

Anyone can choose to learn and receive JBP. It is a gentle protocol which can be used on any age group. Certain guidelines are recommended depending on the body's physical health and the energy it desires.

You can buy a recorded training by Nila from the Infinite Healing website:

<https://infinitehealing.co.uk/shop/health/joyous-body-protocol-v2/>

If you wish to learn the course live, then you can learn from our Facilitators

<https://infinitehealing.co.uk/jbp-practitioners-facilitators/>

You can do it on clients once you are certified.

5) Does it have any adverse effects?

As long as you follow your awareness and guidelines in the manual, there are no 'adverse' effects per se. Any discomfort or overwhelm can simply be a reflection of release of deep seated issues. You are the creator of your universe and everything, including overwhelm is created by you. Use the tools responsibly.

You can always use waves of kindness to create ease for you.

6) As a practitioner, am I allowed to do tasters sessions?

To work with clients, you must be a certified practitioner. Certification is included in the class fee and your facilitator will do a simple assessment and provide you the certificate.

As a certified practitioner of the Joyous Body Protocol, you can do tasters for possibly interested clients individually – you are free to offer a full session or partial session as a taster. (Group sessions are not permitted, even if you are a certified practitioner.)

Please feel free to pass on the following group healing videos to your clients as a taster as well

You can use the following videos by Nila as a reference

<https://youtu.be/9p85oFllm6w>

<https://youtu.be/x58DXYaBDb8>

<https://youtu.be/Z6iwMT8ofBQ>

7) Do I get support post the course?

If you have any questions, you can mail them on team@infinitehealing.com or talk to your facilitator.

You can also post questions to WhatsApp group. Please feel free to join here:

<https://chat.whatsapp.com/EZkN8tg0fhcCdTB9RZZDH2>

8) Do I have to pay for the certification?

For this course, certification is included. You need not purchase it separately. However, you have to undergo a simple evaluation

9) How do I price my sessions?

Choose what is light for you. If you price too much or too less, you will generally not be comfortable with your practice. If you are clueless, you can ask fellow practitioners for guidance and see what energy exchange suits you well. With practice and experience, you will be able to increase your prices appropriately.

Offering too many free sessions may not contribute to your practice

10) Can JBP be used with other energy healing practices?

These are high vibrational energies and have consciousness of their own. Follow your awareness. Recommendation is to get comfortable and familiar with them and see if you would like to club them with other modalities.

11) Can I teach them to my clients?

You cannot teach them the protocol. Please understand that a class with a facilitator prepares you to do the sessions. Facilitators undergo a training in order to be able to teach you. Otherwise, it might not be kindness to your bodies. If you would love spreading this work, then it is recommended to get certified as a facilitator and conduct classes. You will become aware of the preparation required for one to be able to teach the high vibrational JBP work. Please register your interest to become a facilitator by writing to team@infinitehealing.co.uk